

FaMoS-II

Facilitating Motor Skill Learning by Aerobic Exercise II

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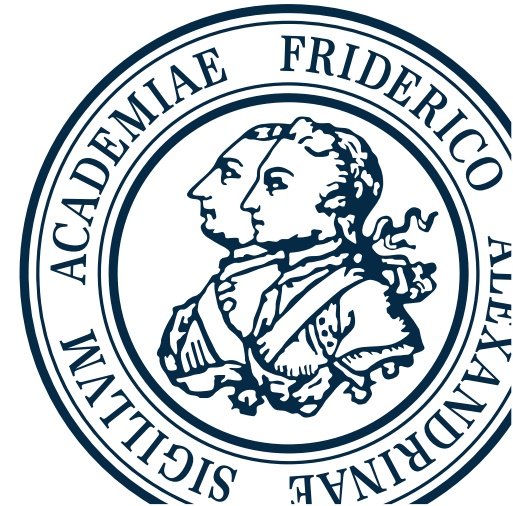
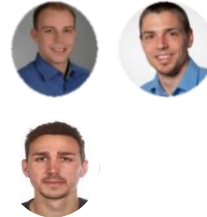
Associated researchers/ clinicians: -

Funding: -

External partners: -

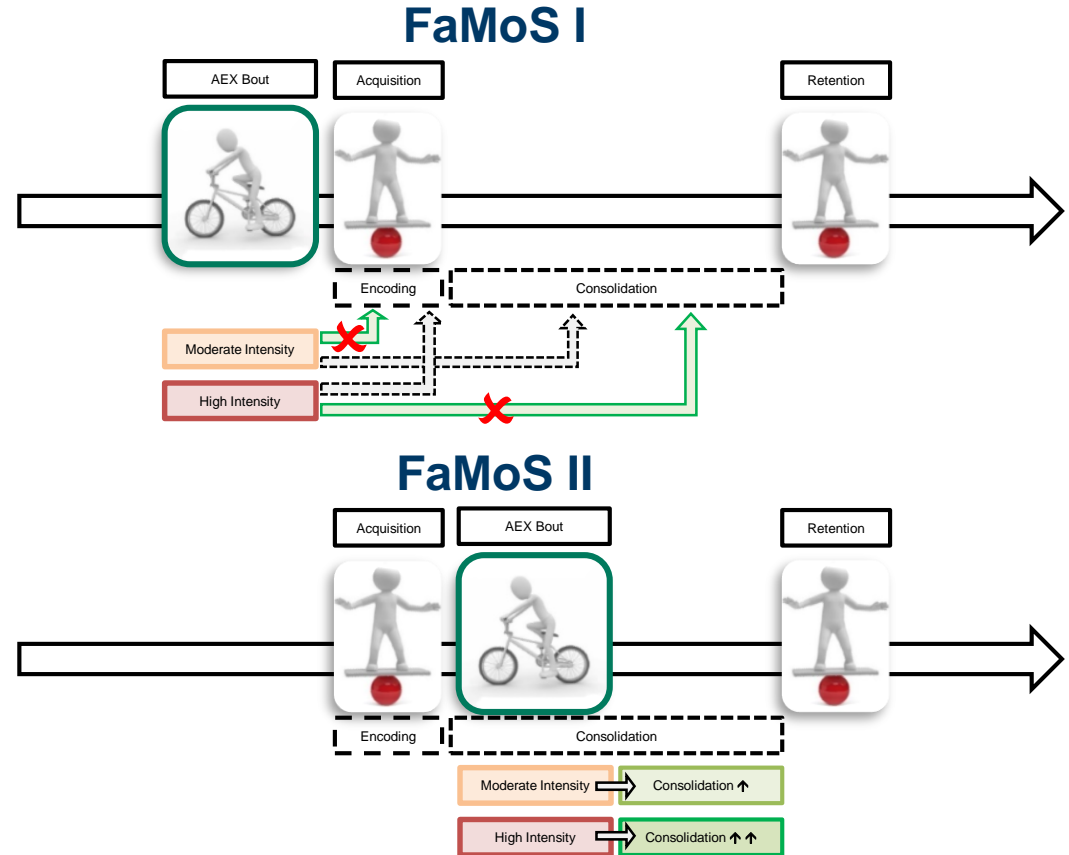
FaMoS

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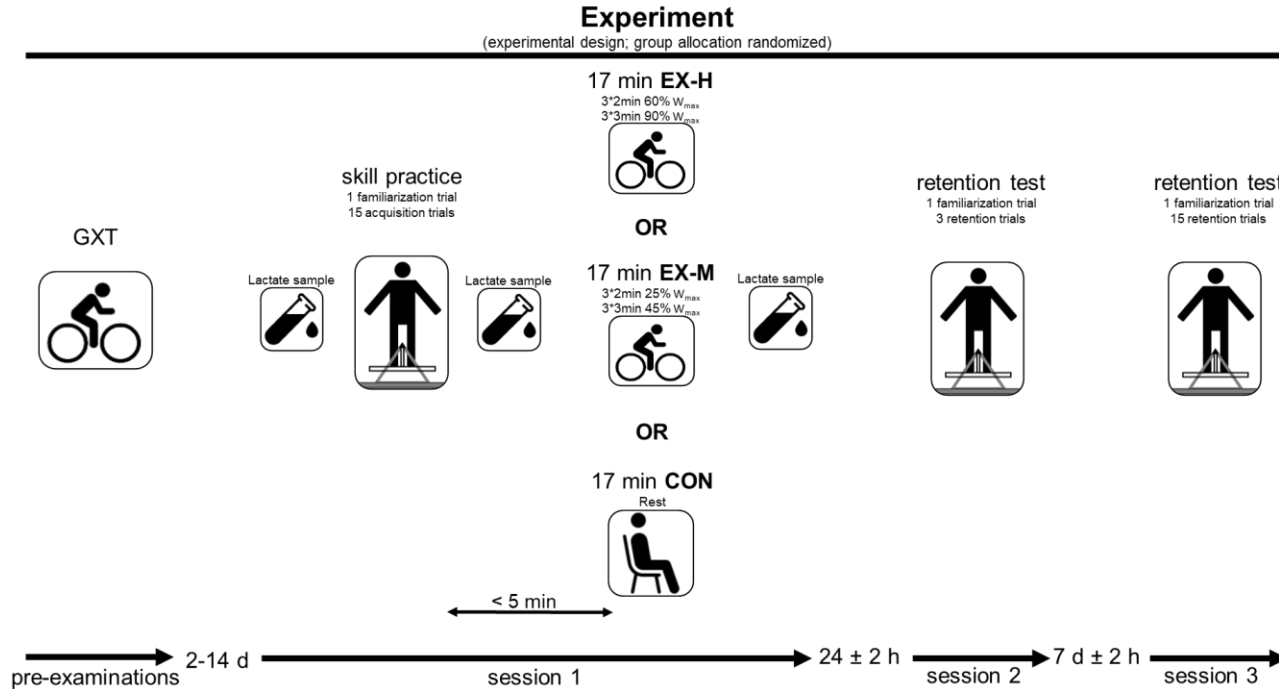


Background & aims

- Results FaMoS I:
Aerobic exercise (AEX) significantly enhanced motor memory consolidation, but had no effects on motor memory encoding in Parkinson disease (PD)
- Recent studies in healthy populations suggest that the beneficial effects on motor memory consolidation are even better, if the AEX is performed immediately after skill practice
- Aim FaMoS II:
Investigate the effects of AEX performed after skill practice on motor memory consolidation in PD



Experimental flow



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