



Curriculum Vitae

Name Prof. Dr. Dr. h.c. Alfred Rütten
Date of birth 16/08/1954
Current position Director of the Institute of Sport Science and Sport
 Head of the Division of Physical Activity and Public Health
 Director of WHO Collaborating Centre on Physical Activity and Public Health

EDUCATION AND DEGREES

- Study of Social Science, Sport Science and History, RWTH Aachen
- 1987 PhD in Political Science, Sociology, Sport Science, RWTH Aachen
- 1992 Habilitation in Sport Science, University of Stuttgart
- 2013 Honorary Doctorate, Lithuanian Sport University

RESEARCH AND PROFESSIONAL EXPERIENCE

1985–1987 Basic Research at the Institute of Sport Science, RWTH Aachen
1987–1994 Research Assistant, Lecturer at the Institute of Sport Science, University of Stuttgart
1993–1994 Research Professor, Department of Sociology, University of Alabama at Birmingham (USA)
 Research topics: Health lifestyle theory, analysis of the US Behavioral Risk Factor Surveillance System
1994–2001 Professor of Sport Science and Applied Sociology & Head of the Research Unit for Regional Health Promotion at Technical University Chemnitz
 Research topics: Implementation & evaluation in health promotion: WHO project “Investment for Health”; EU project “Methodology for the Analysis of Rationality and Effectiveness of Prevention and Health Promotion Strategies”; Health monitoring: EU project “European Physical Activity Surveillance System”
1998 Visiting Professor of Public Health, Department of Epidemiology and Public Health, Yale University
since 2001 Chair of Sport Science and Director, Institute of Sport Science and Sport, FAU Erlangen-Nuremberg
since 2014 Director, WHO Collaborating Centre on Physical Activity and Public Health
2014/15 Visiting Professor of Public Health, University of Hawaii and Visiting Professor of Public Health, Stanford Prevention Research Center, Stanford University

Main research topics:

- Policy analysis and knowledge translation: EU project „Study on the implementation of the EU Physical Activity Guidelines“; BMBF funded research network „Capabilities for active lifestyle: An interactive knowledge-to-action research network for health promotion“ - Capital4Health“
- Health-promoting physical environments: EU project “International network to implement EU Physical Activity Guidelines on infrastructure development” – IMPALA.net; Integrated planning and sport development in several municipalities in Germany
- Intervention and evaluation in physical activity promotion for disadvantaged populations: BIG project (socially disadvantaged women); ZUG project (older migrant population)

Current advisory work:

- International: WHO European Physical Activity Strategy (2014/15: development; since 2015: implementation); EU Physical Activity Guidelines (2007/8: development; since 2013: implementation); development/implementation national physical activity strategies (Lithuania, Malta, Turkey)
- National: Federal Ministry of Health, National Recommendations for physical activity and its promotion (2015: development; since 2016: implementation); Conference of sport ministers, Review of health economic benefits of physical activity (2015-2016); National Advisory Board for cycling traffic; Scientific Advisory Board, German Gymnastics Federation